

Northmead Reading Newsletter

February
2023

Reminder: **World Book Day Thursday 7th March**

Dress up as your favourite book character.

All children will receive their book £1 token on this day which can be exchanged for a £1 book. The aim of the token is to promote reading for pleasure by offering every child and young person the opportunity to choose and own a book.

The redemption period for World Book Day 2024 £1 book tokens is from **Thursday 15 February until Sunday 31 March 2024**. You can redeem your book token at the following retailers:

- Your local independent bookseller
- Asda
- Sainsburys
- Tesco
- The Works
- Waterstones
- WHSmith

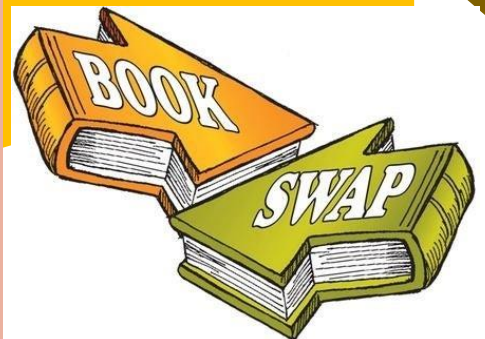
**Tuesday 27th
February-
World Book
Day Costume
Swap**

Our 2024 £1/£1.50 books



Book swap

It was lovely to see lots of happy faces at our recent book swap as children brought in books they no longer needed to swap for a new title. I hope you have all enjoyed reading these new books. Thanks to parents for supporting this event and to Tom Lewis for organising it. The swap supported our reading as well as our efforts towards the Green Tree Award.





This month children have participated in Children's Mental Health Week.



Reading can help children with their mental health. Using a book as a vehicle for raising important topics such as children's feeling, worries and relationships can be very useful for parents and carers.

Reading stories where characters are displaying similar emotions or experiencing situations like their own can help children gain a valuable understanding of what they are feeling and that they are not alone. This can offer comfort in difficult times and help children develop strategies to cope with their own mental health struggles.

The links below will take you to useful book lists.

<https://www.booktrust.org.uk/booklists/b/books-to-support-mental-health-awareness-for-readers-under-9/>

<https://www.booktrust.org.uk/booklists/m/mental-health-awareness/>

<https://www.camhs-resources.co.uk/books1>



Guildford High School Partnership



Four students and their teacher from Guildford High School are supporting children in Year 4 with their reading. The students visit Northmead weekly to listen to our children read. We hope to further develop this link with Guildford High over the course of the year.

