# Northmead



# <sup>28th</sup> June 2022 – Issue 16

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Dear Parents and carers,

#### **District sports**

News

Congratulations to everyone who represented our school at the District Sports at the Guildford Spectrum last Tuesday 21<sup>st</sup> June. It was a tremendous team effort with all our athletes throwing, jumping and running to the absolute best of their ability. Many of our children had the exciting experience of standing on the podium to receive gold, silver and bronze medals. Our school finished 3<sup>rd</sup> overall out of six schools which was a fantastic performance. Thank you to the large group of spectators who came to cheer the children on . I am sure you were all as proud as we were by the performance our athletes put on.

Many thanks to Paola Polden, Tom Scott and the P.E team who worked with the children and organised such a wonderful event.

#### **School Sports**

We have planned a different style of sports event for everyone this year. During the afternoon of enrichment week the children will take part in an inter house sports competition that we are inviting parents to attend. Please see information later in the Newsletter

#### **Best Wishes**

Debbie Brown



a member of Learning Partners

### Enrichment Week ~ Sports Afternoons Monday 11<sup>th</sup> July – Friday 15<sup>th</sup> July 2022

During the afternoon of enrichment week the children will take part in an inter house sports competition that we are inviting parents to attend. Each year group will start at 1.45pm and the event will be finished by the end of the school day.

Monday 11th July - year 4

Tuesday 12th July - year 5

Wednesday 13th July - year 3

Thursday 14<sup>th</sup> July - year 6

Please can children wear their PE.kit to school on that day with a T-shirt in their house colour.

We are looking forward to you joining us to cheer your children on !

### Transition ~

We are very pleased to say we are fully staffed for next year, with only a small number of changes for our year group teams.

Sue Mclean is retiring at the end of this term and we would like to thank her for the teaching and care she has provided for the children in her classes over the last 7 years. She is looking forward to spending more time with her family and following her own interests and hobbies.

We will be welcoming Jack Lewis to our team. He worked alongside Sue Mclean on his student placement earlier this year and made a great impression on staff and children.

The other changes are Agata Cieplinska moving to year 4 and Carlota Reviriego moving to year 5.

The staff team for next year is as follows

YEAR 3	Laura Ramsay	Jo Backhurst Nicola Busby
YEAR 4	Caitlin Webster	Agata Cieplinska Paola Polden/Hannah Powell
YEAR 5	Marcia Richardson	Carlota Reviriego Jack Lewis
YEAR 6	Alastair Kemp	Abby Diot/Lisa Mansfield Jacqui Pilson/Denise Lewis

The children will have an opportunity to meet their new teacher on Friday 15<sup>th</sup> July during enrichment week.



## Northmead's Got Talent $\sim$

Teachers have enjoyed watching the children show their talents across the year groups. It has been difficult to select runners up and we look forward to awarding the overall winner with the trophy after the finalists' performances on Friday!

# Isle of Wight ~

Next week (4<sup>th</sup> – 8<sup>th</sup> July) year 6 children and their teachers will be travelling across the Solent to the Isle of Wight for their exciting residential visit. Miss Lewis and Mrs Brown are looking forward to joining them on Thursday 7<sup>th</sup> July for a boat trip to The Needles and an adventure at Blackgang Chine.



# Reminders now that Summer has arrived!

- Ensure that sunscreen has been applied before coming to school
- Remember to bring and wear a sunhat
- Bring a water bottle to keep hydrated





Vou are invited to NORTHMEAD SUMMER SUMMER SPECTACULAR Please join us for an evening of celebration on			
WEDNESDAY 20TH JULY 6.00 TO 8.30PM Friends and family welcome.			
Young Voices - Hall Year 5 Sports - All weather, Year 6 Showcase - Hall Year 3 Sports - All weather, Year 4 Showcase - Hall G Live Choir - Hall NGT Finalists -Hall Year 4 Sports - All weather, Year 3 Showcase - Hall Year 5 and Year 6 Netball Team Match Year 6 Sports - All weather, Year 5 Showcase - Hall Music Club Performance	6.10 6.25 6.45 7.05 7.15 7.20 7.25 7.40 8.00		
Visit the dining hall for every childs spotlight in an art gallery - framing available £5 Visit the classooms for displays of work, from across the year. Relax and en celebrating su sucessful year at Northme <b>TEA, COFFEE, PIMMS, COCKTAILS, BEER, HOT CHOCOLATE, PROSECCO, SOFT</b> SWEET TREATS, BURGERS, HOT DOGS AND CHIPS - CARD MACHINE AVA	ich a for all ad DRINKS AND		

a member of Learning Partners







Welcome to the Therapy Page of Northmead's Newsletter. My name is Mrs Jeffrey and I am the Therapy Lead Teacher at our school. In this role I offer five sessions of Play and Creative Arts Therapy to Northmead pupils each week, ensure visiting therapists are suitably qualified and follow GDPR guidelines and liaise with Mane Chance Sanctuary, our local horse sanctuary which provides therapy based programmes to local school children, including Northmead pupils.

Because children are comfortable with play and express themselves more fully and more directly through self-initiated spontaneous play than they do verbally, play therapy is a highly effective therapeutic intervention for children who are experiencing emotional difficulties and require a safe space to explore their feelings.





Mane Chance Sanctuary is based in Compton and offers a forever home to around 40 unwanted, maltreated and abandoned horses. The Sanctuary also offers support sessions for school children and young people in a therapeutic environment with the horses. Sessions revolve around the notion of self-kindness and calm. Participants work alongside the horses (and other animals) to reinforce how to be less critical, angry and anxious but more confident, calm and respectful of self – and others. This year several Northmead pupils have attended the Sanctuary for 1:1 or small group support sessions. Additionally, a group of 9 pupils took part in the Sanctuary's 12- week Chance2Be programme: a mindfulness-based programme using the human-horse connection to reinforce the teaching.

- After a period of play therapy, children may: Feel less aggressive or anxious Feel calmer and psychologically stronger Have an increased feeling that everything is well in their world Experience a deeper sense of well-being Feel safer in the world Feel the world has meaning
- Have an immune system which works better Be more able to learn at school Demonstrate improved problem solving and prosocial behaviours such as helping, sharing, giving, co-operating, and volunteering



We have a visiting art therapist at Northmead who offers sessions to some of our pupils. Art therapy is a form of psychotherapy that uses art media as its primary mode of expression and communication. Within this context, art is not used as diagnostic tool but as a medium to address emotional issues which may be confusing and distressing.

a member of Learning Partners

#### **DIARY DATES - check out what is happening and how you can be involved!**

Please be aware that these events are planned a term in advance and sometimes, due to unforeseen circumstances, some dates have to be changed. If there are any changes, or additional dates we will endeavour to inform you at the earliest opportunity (usually text message, school newsletter or school website

Tuesday 28th June & Wednesday 29 <sup>th</sup> June	Year 6	Secondary school transfer day (Year 6 children will be advised which schools)
Thursday 30 <sup>th</sup> June pm	Year 5 & 6 (22 children)	Girls Rugby introduction training day
Thursday 30th June	4 x Year 3 Children	Science Spectacular at Loseley Fields
Monday 4th July - Friday 8th July	Year 6	Isle of Wight residential
Monday 11th July - Friday 15th July	All years	Whole school enrichment week
Monday 11th July	All years	End of year reports given to parents
Wednesday 20th July 6:00 to 8:30 pm		Whole school end of year celebration evening – parents warmly invited
Thursday 21st July 2022		Year 6 Leavers Assembly
	1.45 pm	Break up for The Summer Holidays
Thursday 1st September		Inset Day
Friday 2nd September		Inset Day
Monday 5th September		School reopens for the Autumn term

