Self-Isolation Advice for Parents:

What to do if...	Individual action needed	Return to school when
My child has COVID-19 symptoms	• **Do not come to school** • **Contact the school daily** • Self-Isolate • Get a test https://self-referral.test-for-coronavirus.service.gov.uk/antigen/name • Inform the school immediately of the test result	The test is returned as negative. *If positive, please see next line.*
My child tests positive for COVID-19	• **Do not come to school** • **Contact the school daily** • Self-Isolate for at least 10 days • Inform the school immediately of the test result NB – If a child has tested positive whilst not experiencing symptoms but develop symptoms during the isolation period, they should restart the 10-day isolation period from the day they develop symptoms.	*If the child was ill at the time of the positive test:* 10 days have passed since the positive test *and* the child is feeling better. *If the child was not ill at the time of the positive test:* 10 days have passed since the positive test *or* 10 days after the child became ill (whichever is later). NB - A child can return after 10 days even if they still have a cough or loss of sense of smell / taste. These symptoms can last for several weeks once the infection has gone.
Someone in my child's household has COVID-19 symptoms	• **Do not come to school** • **Contact the school daily** • Self-Isolate • Household member to get a test: https://self-referral.test-for-coronavirus.service.gov.uk/antigen/name • Inform the school immediately of the test result	The household member test is returned as negative. *If positive, please see next line.*
Someone in a child's household has tested positive for COVID-19	• **Do not come to school** • **Contact the school daily** • Self-Isolate for 14 days (even if the child has tested negative for COVID-19) • Inform the school immediately of the test result	14 days have passed since the family member tested positive. The child must continue to self-isolate for the full 14 days even if they personally test negative for COVID-19.
NHS Test and Trace have identified a child or staff member as a 'close contact' of someone with COVID-19	• **Do not come to school** • **Contact the school daily** • Self-Isolate for 14 days (even if the child has tested negative for COVID-19)	14 days have passed since the individual was contacted by NHS Test and Trace. The child must continue to self-isolate for the full 14 days even if they personally test negative for COVID-19.
A child is planning to travel / has travelled to a destination requiring quarantine	• **Do not take unauthorised leave in term-time** • Consider quarantine requirements and FCO travel advice when booking travel; consider possibility of quarantine requirement, even if not in force at the time of booking If returning from a destination requiring quarantine: • **Do not come to school** • **Contact the school daily** • Self-Isolate for 14 days (even if the child has tested negative for COVID-19)	14 days have passed since the child returned from travel. A negative COVID-19 test does not remove the need for a 14-day quarantine.
A child has received medical advice that they must resume shielding	• **Do not come to school** • **Contact the school as advised by the Headteacher / Pastoral Team** • Shield for as long as recommended by medical advice	When restrictions are lifted, or medical advice is that your child can attend school again.
A member of my child's household has been asked to self-isolate by NHS Test and Trace *Or* A member of my child's household is in quarantine at home following travel	• Your child may continue to attend school • If any member of your household has symptoms of COVID-19, you should self-isolate immediately and the ill person should get a test: https://self-referral.test-for-coronavirus.service.gov.uk/antigen/name	Provided that your child has *not* been asked to self-isolate or quarantine, and no member of your household has symptoms, your child can attend school.